In keeping with our proposed program change, I am proposing a change to the course PSY 437. I believe that this change will benefit students and bring the substance and requirements of this course more in line with other quality university programs across the state and nation.

Please refer to the following table, which shows the planned changes for this course at both the undergraduate and graduate levels. The modified course, with additional class time, will allow a wider range of topics to be discussed in class (including recent developments within the field), a greater array of reading assignments, and more time for classroom discussion.

Students will also engage in significantly more writing in this 4-credit format than in the 3-credit format.

<table>
<thead>
<tr>
<th>PSY 437: Motivation</th>
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<tbody>
<tr>
<td><strong>Hours of Class Room Lecture &amp; Discussion</strong></td>
</tr>
<tr>
<td>4 hours per week</td>
</tr>
<tr>
<td><strong>Course Reading</strong></td>
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<tr>
<td>Journal Articles - Noted in Syllabus</td>
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<tr>
<td><strong>Requirements &amp; Grading</strong></td>
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Motivation

PSY 437
Enforced Prerequisites: PSY 340 and PSY 301
Class time: TBA

Dr. Matt O’Laughlin
Phone: 541-737-1394
Email: olaughlm@onid.orst.edu

Credits: This is a 4 credit course
Format: 4 hours of lecture each week.
Office: 132 Moreland Hall
Office hours: ****

Overview
Motivation and Emotion are central topics in the study of Psychology that bring together many disparate perspectives in the field. Rather than a broad survey course in Motivation, we will focus on select topics to understand a few important issues in depth. We will immerse ourselves in theory and research by utilizing primary sources.

Readings
There is no textbook for this course. Rather, we will read primary journal articles. A list of these articles is integrated with the schedule below.

Student Learning Outcomes
Psy 437 Learning Outcomes:
1) Identify and Explain several controversial issues in the study of Motivation
2) Apply current findings from Psychology to questions of Motivation in their own lives
3) Read and Interpret primary research articles on topics of Motivation
4) Demonstrate critical thinking in regular written work
5) Participate in classroom discussion on the problems of Motivation
6) Evaluate competing theories about the several issues that we study in Motivation

Psy 537 Learning Outcomes (include psy 437 outcomes as well):
1) Identify ways in which this course fits with your graduate education.
2) Create an individualized learning plan to meet your specific goals.
3) Critique the methodology and conclusions of current research by writing a paper based on a thorough review of recent research on a single topic.
4) Generate a research proposal that addresses an unanswered question or methodological flaws in current research.

Course Evaluation

<table>
<thead>
<tr>
<th>Component</th>
<th>Points</th>
<th>Grading scale (percentage of points):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reaction Papers (6)</td>
<td>600</td>
<td>A 93 – 100</td>
</tr>
<tr>
<td>Responses (3)</td>
<td>300</td>
<td>A- 90 – 92</td>
</tr>
<tr>
<td>Group Work (3)</td>
<td>150</td>
<td>B+ 87 – 89</td>
</tr>
<tr>
<td>Final</td>
<td>300</td>
<td>B 83 – 86</td>
</tr>
<tr>
<td>Participation</td>
<td>50</td>
<td>B- 80 – 82</td>
</tr>
<tr>
<td>Total</td>
<td>1400</td>
<td>C+ 77 – 79</td>
</tr>
</tbody>
</table>

Reaction Papers: Each week before Monday at 5pm you will post a reaction to the readings for that week (e.g. On Monday of Week 5, you will post a reaction paper for the readings due for that week) and bring a
hard copy of that paper to class on Tuesday. These reaction papers will be short (1-2 pages, double spaced). The purpose of these papers is for you to develop responses, criticisms, new research questions and/or applications generated from that week’s readings. Reactions should be focused rather than general. Thoughtful engagement of the material is expected. Rather than being a quick and shoddy reaction, it is expected that you will develop your ideas fully and edit your work to express them clearly.

**Responses:** Three times during the term (Tuesday of Weeks 4 and 9, Thursday of Week 6), we will convene during class time in order to further consider the materials that we have been covering in that section of the course. You will bring to these class discussions your responses to several reflection questions that will be handed out on the Thursday prior. These responses must be typed. There is no specific length requirement.

**Group Work:** During our reflection sessions there will be group work from which this grade will be derived.

**Final Exam:** Cumulative essay format. Details will be discussed in class.

**Participation:** Participation is crucial in this class. Active engagement in classroom discussions will be reflected in participation points. Furthermore, attendance is especially crucial during reflection sessions. There is no make-up for missing these days.

**Accommodations for Disabilities**

"Accommodations are collaborative efforts between students, faculty and Services for Students with Disabilities (SSD). Students with accommodations approved through SSD are responsible for contacting the faculty member in charge of the course prior to or during the first week of the term to discuss accommodations. Students who believe they are eligible for accommodations but who have not yet obtained approval through SSD should contact SSD immediately at 737-4098."

**Academic Honesty**

Cheating is a reprehensible and intellectually cowardly act that robs us all; it is not a victimless crime. Cheating will be dealt with the strictly, in accordance with guidelines established University by Oregon State University. (Read the sections "Academic Regulations" and "Student Life Policy and Regulations" in the Schedule of Classes, http://oregonstate.edu/admin/stucon/achon.htm ). Punishment may be as severe as suspension or expulsion from the University.

**TENTATIVE COURSE SCHEDULE**

**WEEK 1  History and Overview of the study of Motivation**


**WEEK 2  Sexual Motivation**

**Monday at 5pm – Reaction Papers posted on Blackboard**


WEEK 3  Food and Sex: Psychological considerations

**Monday at 5pm – Reaction Papers posted on Blackboard**


WEEK 4  Emotions and their functions

**Tuesday – Day of Reflection, Integration, Synthesis – First Responses due**


WEEK 5 Emotion Regulation

**Monday at 5pm – Reaction Papers posted on Blackboard**


WEEK 6  Emotions and Choosing Actions


**Thursday – Day of Reflection, Integration, Synthesis – Second Responses due**

WEEK 7  Goals

**Monday at 5pm – Reaction Papers posted on Blackboard**


The importance of optimism and goal adjustment. *Journal of Personality* 74:6, 1721-1748.

**WEEK 8  Unconscious Motivation**

**Monday at 5pm – Reaction Papers posted on Blackboard**


**WEEK 9**

**Tuesday – Day of Reflection, Integration, Synthesis – Third Responses due**

Thanksgiving Break

**WEEK 10  An attempt at a grand theory of motivation: Terror management**

**Monday at 5pm – Reaction Papers posted on Blackboard**


**FINAL EXAM**  --