BI 298 Integrated Professional Development: Life Sciences I
Spring 2017, Thursdays, 4:450, Gilfillan Auditorium, 1 Credit

Instructors

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Integrative Biology Department Information

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Course Content

Successful science careers are built on a blend of technical and professional skills. In this class, students will begin to explore integrated professional development by learning relevant social and cognitive concepts, and analyzing opportunities to determine the skills and experience necessary to be competitive for a range of scientific occupations.

Learning Outcomes

Students completing BI 298 will be able to:
1. Describe the Career Development Model’s processes, domains and categories.
2. Describe your Social Style and Strengths and how to apply them in pursuit of your academic and professional goals.
3. Employ LinkedIn and other tools to identify Direct vs. Leveraged career options and describe how to use the tool to find potential mentors and engage internship and employment opportunities.
4. Analyze one or more career options and develop a Gap Analysis of the required professional and technical skills and experience needed to be a competitive candidate.
5. Identify the basic roles that fear of rejection, imposter syndrome, vulnerability and bias play in professional development and everyday life.

Course Assessment and Grading

You will receive one (1) credit for BI 298 if you pass (P) and no (0) credit if you do not (N). To receive a pass (P) you must meet all 7 requirements below (all assignments, other than the end of day summaries, will be on CANVAS)

1. You will receive an “N” if you miss more than two classes. No exceptions
2. At the end of each class: Turn in a summary. Do not show up late and expect to turn in a summary that day.
   a. Write your name and ID # on a full sheet of paper (not your own notes).
   b. Write two sentences in response for each weekly reflection question.
3. By week 2: Complete the Social Style Assessment and record your results in CANVAS.
5. By week 5: Complete the StrengthsQuest Assessment, upload your result and complete the assignment on CANVAS.
6. By week 7: Create LinkedIn profile and connect with at least 20 people in your network.
7. By week 10: Research leveraged career paths using LinkedIn, perform gap analysis for Direct or Leveraged career option (choose one) and fill in the analysis template on CANVAS.

Learning Resources

CANVAS:
All assignments will be accessed and recorded on CANVAS. If you haven’t already, sign up for an ONID account by going to www.onid.orst.edu. Once you have your ONID account established, your ONID user name and password will get you access to Canvas. Access Canvas by going to Tools and Services from the homepage: oregonstate.edu.

Technology Use:
The in-class brief written assignments required for BI 298 do not require the use of technologies, particularly given that there are no examinations. Because of the disruptive nature associated with their use, students are prohibited from using cell phones, tablets, laptops, and other similar devices in the classroom unless they have prior express permission or accommodation to do so.
This class requires students to utilize the StrengthsQuest assessment tool and education materials. There are two options in gaining access StrengthsQuest (note: the assessment portion is conducted online for both options):

1. Online – You may choose to buy the online version of the materials and assessment access code at https://www.strengthsquest.com/192614/purchase.aspx#ite-193472 (~ $10)
2. Hard Copy Book – You can buy the StrengthsQuest book from the website above or other dealers (~ $20). If you choose this option it is imperative that you buy a NEW copy as the assessment access code located in the book can only be used once – used copies will still require you to purchase the access code for $10.

Both versions, online and hard copy, include the same information. Additional class materials will be provided as required.

### Course Assignment Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Assignment</th>
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<tbody>
<tr>
<td>Apr. 6</td>
<td>Intro to Integrated Professional Development</td>
<td>Take Social Style test</td>
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<tr>
<td>Apr. 13</td>
<td>Behaviors – Social Styles</td>
<td>Watch TED Talks</td>
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<tr>
<td>Apr. 20</td>
<td>Rejection, Vulnerability and Imposter Syndrome</td>
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<td>Apr. 27</td>
<td>BIAS</td>
<td>StrengthsQuest questionnaire</td>
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<td>May 4</td>
<td>Your Strengths in Action</td>
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<tr>
<td>May 11</td>
<td>Direct vs Leveraged Careers; Intro to LinkedIn</td>
<td>Create LinkedIn profile</td>
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<tr>
<td>May 18</td>
<td>Uncovering Leveraged Career Options – Advanced LinkedIn and Career Data Mining</td>
<td>Research Leveraged Career Options</td>
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<td>May 25</td>
<td>Building Community (Networking)</td>
<td></td>
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<tr>
<td>Jun. 1</td>
<td>Gap Analysis</td>
<td>Create Gap Analysis for one Career Option (Direct or Leveraged)</td>
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<tr>
<td>Jun. 8</td>
<td>Sustaining your Professional Development</td>
<td>Enjoy your summer!</td>
</tr>
</tbody>
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### University Policies

**Students with Disabilities:**
Accommodations for students with disabilities are determined and approved by Disability Access Services (DAS). If you, as a student, believe you are eligible for accommodations but have not obtained approval please contact DAS immediately at 541-737-4098 or at http://ds.oregonstate.edu. DAS notifies students and faculty members of approved academic accommodations and coordinates implementation of those accommodations. While not required, students and faculty members are encouraged to discuss details of the implementation of individual accommodations.

**Student Conduct:**
Students are expected to adhere to the OSU Student Conduct Regulations described at http://studentlife.oregonstate.edu/studentconduct/offenses-0. Cheating or plagiarizing by students is subject to the disciplinary process outlined in the Student Conduct Regulations. Behaviors disruptive to the learning environment of others will not be tolerated. In order to maximize the learning opportunities for all students, it is imperative that the classroom environment be conducive to learning. This means that you are expected to respect everyone in the class as well as the class rules and guidelines. Therefore, behavior that will not be tolerated includes, but is not limited to, working on anything not directly related to the class activities at hand (e.g., studying for other classes), reading newspapers, sleeping, wearing headphones or ear pieces, using cell phones (it is your responsibility to shut them off before class), and talking while anyone else is talking.