BHS 110: BioHealth Sciences Orientation
Fall 2018

Instructor/Course Contacts

Instructor
Email:
Office:

Advising appointments may be scheduled through online scheduling found here:
http://microbiology.science.oregonstate.edu/advising-0

Course Information

Course credits: 1
Pre-reqs: none
Grading: P/N
Course Materials: none required. Any reading materials will be provided through this syllabus or in class.

Course Outcomes

Students completing BHS 110 will be able to:
1. Identify career options within the healthcare field and related College of Science degree options.
2. Summarize common skills and characteristics that successful health care professionals typically possess.
3. Recognize the elements making an applicant competitive for professional school admission.
4. Demonstrate a working knowledge of MyDegrees, the role of academic advisors, academic programs, and support resources used to prepare BioHealth Sciences students for professional school.
5. Develop an awareness of the personal motivation and values needed to endure the rigors of being a pre-health student.
6. Create a comprehensive collegiate plan that maximizes educational and professional development opportunities on and off campus.

Class Expectations

1. Attend all classes, arrive on time, and stay in class throughout class session.
2. If you are absent from a class or have to leave early, it is your responsibility to find out from classmates what you have missed.
3. Complete all assignments on time.
4. Be prepared for each class so you can participate in group and class activities.
5. You are expected to check your ONID email account every day. When communicating with your instructor, only use your ONID email account in the format discussed in first session.
6. Ask questions when you do not understand.
7. You are expected to engage in discussions and disagree respectfully.
8. No eating or drinking during class unless medically needed.
9. Turn off your cell phone, tablet, laptop, and all other electronic devices before class begins. The exception is specific class activities when the instructor recommends the use of technology in class.

Student Conduct:
In an academic community, students, faculty, and staff each have responsibility for maintaining an appropriate learning environment, whether online or in the classroom. Students, faculty, and staff have the responsibility to treat each other with understanding, dignity and respect. Disruption of teaching, administration, research, and other institutional activities is prohibited by Oregon Administrative Rule 576-015-0015 and is subject to sanctions under
university policies. See OSU Office of Student Conduct and Community Standards: 
http://oregonstate.edu/studentconduct/home/

Course Assessment and Grading

BHS 110 is graded Pass/No Pass. You will receive one credit if you pass (P) and no credits if you do not (N). To pass the course, students must:

1. **Attend all class sessions.** More than two absences will result in No-Pass
2. **Complete ALL the following assignments.**
   a. MyDegrees plan
   b. Learning Styles (VARK) and Holland Codes posted to Canvas in email format
   c. Health Careers Exploration Paper
   d. Two questions for BHS student panel
   e. Professional Development Plan

Explanation of Assignments

**My Degrees Plan:** create a year plan in your MyDegrees Planner, per the demonstration in class and the checklist for your specific option. If you do not have an option at this time, complete a plan per courses you are interested in taking and that you project you might need. Checklists can be found here: http://microbiology.science.oregonstate.edu/options-checklist. Planner guidance can be found here: http://registrar.oregonstate.edu/video-tutorials.


Print your results or write down your scores for both assessments as you will be expected to
1) Draft a mock email to your instructor that includes the results for both of the assessments and your reflections on these scores. Please follow the professional email guidelines outlined in
2) Bring your scores to class for an in-class activity.

**Health Careers Exploration Paper:** Research two different health professions that interest you. In a 2 page paper (double-spaced, Times New Roman, 12pt font, 1” margin all around), answer the below questions for each profession. This paper should describe two different professions, not two sub-specialties of the same profession (For example: pharmacy and physician assistant NOT MD/DO ophthalmology and MD/DO pediatrics). Students are expected to demonstrate college-level writing skills using full sentences and correct grammar. Please consult the OSU Writing Center in Waldo Hall for assistance if needed.

See the statement on **Academic Integrity on p. 4 regarding the expectations for scholarly writing.**

1. What are the primary job responsibilities involved in this career?
2. What is the education needed to be obtained to enter this profession?
3. What skills and qualities are important in this profession?
4. What about this profession interests me?

Online Resources (do not limit yourself to these resources only):
Explore Health Careers http://explorehealthcareers.org (also see additional links on each professions’ Resource tab) 
Occupational Outlook Handbook http://www.bls.gov/ooh/ (see “Healthcare” occupational group) 
O*Net Online http://www.onetonline.org/ (try looking in the “Healthcare Practitioners and Technical” Job Family)
Questions for student panel: A group of current students in the BHS major, representing a range of options and campus involvement, will be attending class to talk about their experiences, offer insight about navigating classes and campus, as well as share perspectives on academic success strategies. Prepare two questions that you want to ask the students during this class.

Professional Development Plan: Using the template provided on Canvas as a guide, create an individualized professional development plan based on your own interests, values, and career goals. Due beginning or week 10 session (hard copy).

<table>
<thead>
<tr>
<th>Date</th>
<th>Session Topics</th>
<th>Assignments due</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Welcome to BioHealth Sciences</td>
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<td>9/29/15</td>
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<tr>
<td>Week 2</td>
<td>Introduction to MyDegrees (*bring technology to class)</td>
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<td>10/6/15</td>
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<td>Week 3</td>
<td>Academic Success @ OSU Pt. I</td>
<td>VARK Learning Styles due to instructor by email (following the etiquette guidelines outlined in class) and MyDegrees plan *bring results to class</td>
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<td>10/13/15</td>
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<td>Week 4</td>
<td>Careers in Healthcare – Part 1</td>
<td>Holland Code results</td>
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<td>10/20/15</td>
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<td>Week 5</td>
<td>Careers in Healthcare – Part 2</td>
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<td>10/27/15</td>
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<td>Week 6</td>
<td>Academic Success @OSU Pt. II</td>
<td>Health Careers Exploration Paper due</td>
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<td>Week 7</td>
<td>Professional Ethics +Values in Health Care</td>
<td>Read case study provided</td>
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<td>Week 8</td>
<td>Building a Competitive Application: Academic and Experiential Preparation</td>
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<td>11/17/15</td>
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<td>Week 9</td>
<td>Round Robin: Perspectives from Current BHS Students</td>
<td>2 questions to ask student guest speakers</td>
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<td>11/24/15</td>
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<td>Week 10</td>
<td>Catch up session/ Closing/Feedback, and Looking Ahead to Winter Term</td>
<td>Professional Development Plan due</td>
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Statement Regarding Students with Disabilities:
Accommodations for students with disabilities are determined and approved by Disability Access Services (DAS). If you, as a student, believe you are eligible for accommodations but have not obtained approval please contact DAS immediately at 541-737-4098 or at DAS. DAS notifies students and faculty members of approved academic accommodations and coordinates implementation of those accommodations. While not required, students and faculty members are encouraged to discuss details of the implementation of individual accommodations.

Equality Statement:
The instructors are dedicated to establishing a learning environment that promotes the diversity of the student’s race, culture, gender, sexual orientation and disability. If you see discriminatory behavior in this class or if you feel discriminated against, please tell your instructor.
**Academic Integrity:**
Students are expected to comply with all regulations pertaining to academic honesty. For further information, visit [Student Conduct and Community Standards](#), or contact the office of Student Conduct and Mediation at 541-737-3656.

OAR 576-015-0020 (2) Academic or Scholarly Dishonesty:

a) Academic or Scholarly Dishonesty is defined as an act of deception in which a Student seeks to claim credit for the work or effort of another person, or uses unauthorized materials or fabricated information in any academic work or research, either through the Student's own efforts or the efforts of another.

b) It includes:
   i) **CHEATING** - use or attempted use of unauthorized materials, information or study aids, or an act of deceit by which a Student attempts to misrepresent mastery of academic effort or information. This includes but is not limited to unauthorized copying or collaboration on a test or assignment, using prohibited materials and texts, any misuse of an electronic device, or using any deceptive means to gain academic credit.
   ii) **FABRICATION** - falsification or invention of any information including but not limited to falsifying research, inventing or exaggerating data, or listing incorrect or fictitious references.
   iii) **ASSISTING** - helping another commit an act of academic dishonesty. This includes but is not limited to paying or bribing someone to acquire a test or assignment, changing someone's grades or academic records, taking a test/doing an assignment for someone else by any means, including misuse of an electronic device. It is a violation of Oregon state law to create and offer to sell part or all of an educational assignment to another person (ORS 165.114).
   iv) **TAMPERING** - altering or interfering with evaluation instruments or documents.
   v) **PLAGIARISM** - representing the words or ideas of another person or presenting someone else's words, ideas, artistry or data as one's own, or using one's own previously submitted work. Plagiarism includes but is not limited to copying another person's work (including unpublished material) without appropriate referencing, presenting someone else's opinions and theories as one's own, or working jointly on a project and then submitting it as one's own.

c) Academic Dishonesty cases are handled initially by the academic units, following the process outlined in the University's Academic Dishonesty Report Form, and will also be referred to SCCS for action under these rules.

**OSU Student Evaluation of Teaching:**
Course evaluation results are extremely important and are used to help me improve this course and the learning experience of future students. Results from the multiple choice questions are tabulated anonymously and go directly to instructors and department heads. Student comments on the open-ended questions are compiled and confidentially forwarded to each instructor, per OSU procedures. The online Student Evaluation of Teaching form will be available toward the end of each term, and you will be sent instructions via ONID by the Office of Academic Programs, Assessment, and Accreditation. You will log in to “Student Online Services” to respond to the online questionnaire. The results on the form are anonymous and are not tabulated until after grades are posted.